



Merritt Based Medicine

A Medical Student's Tips, Tricks, & Experiences

MEDICAL SCHOOL APPLICATION TIMELINE

MERRITT DANIELS MCGOWAN

FRESHMAN & SOPHOMORE YEARS



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These are years to establish a foundation, find organizations that peak your interests, and build credentials for medical school:

- Shadow Physicians
- Volunteer for Community Service
- Join a Research Lab
- Build Relationships with Faculty
- Get Involved with Clubs and Organizations on Campus
- Talk with Pre-Health/Pre-Med Advisors on Campus

Do not wait until junior year to begin!

JUNIOR YEAR - FALL



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- Continue Previous Slide Recommendations
- Consider Leadership Roles in Organizations and Clubs
- Continue Building Relationship with Faculty and Advisors
- [Register for Spring MCAT Dates](#) (~September or October)

January – May

- Study for the MCAT

JUNIOR YEAR - FALL



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Feb – April

- Write Personal Statement (tip: have others read it for feedback)
- Ask Letter Writers (tip: give them at least 1-month's notice)

April - June

- Take MCAT

May

- Start Working on AMCAS and/or AACOMAS Application

SUMMER BETWEEN JUNIOR & SENIOR YEAR



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June

- Look into Early Decision vs. Regular Decision Options – (tip: choose whichever is best for you and your goals & don't compare your path to others.)
- Submit AMCAS and/or AACOMAS Application (tip: submit ASAP – even if MCAT scores are not in)

June – July

- Research and Prep for Secondary Applications (tip: online you can look at previous year's questions as a good starting point)

July – August

- Complete Secondary Applications (tip: submit secondaries ASAP too – within 2 weeks of receiving them is a good rule of thumb)

SENIOR YEAR



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Fall

- Interview Process (this looks a little different per school preferences, timelines, and number of applicants; most will start late August/ early September and run through Spring)

Spring

- Make Decision on Summer Plans (Taking a break? Traveling? Working? Etc.)
- Look into Gap Year Programs if Applicable
- Graduate!!